

Responsibility Process Retro

- Explain the Responsibility Process and its stages to the group.
- Lay out the first set of 7 Responsibility Process stage cards on the table (or pin them to the wall); this will be the playing field.
- Decide on a problem/issue, write it on a sticky note and post it on the playing field.
- Shuffle the second set of Responsibility Process stage cards and deal them to the players
- For each of her/his cards each player writes a sticky note with a typical reaction; and additionally, the state of mind/motivation for the reaction (see example answer cards).
- Each player passes his stickies to the player on the right.
- Taking turns, every player places one sticky on the playing field next to the Responsibility Process stages that matches best. The group discusses whether it is a good fit. Repeat until all stickies have been placed.

Example answer: Obligation

- Action
I'll come along to visit my in-laws
- Motivation
I think it's a bad idea, but they expect it

Example answer: Responsibility

- Action
I'll come along to visit my in-laws
- Motivation
I value the relationship with my spouse and I know it's important to her/him.

The problem:

Responsibility

Verantwortung

THE RESPONSIBILITY PROCESS™ by Christopher Avery



Obligation

Verpflichtung

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Shame

Schämen

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Justify

Rechtfertigen

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Lay Blame

Beschuldigen

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Denial

Leugnen

THE RESPONSIBILITY PROCESS™ by Christopher Avery



Quit

Innere Kündigung

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